

Ergonomic mats - advantages

For the well-being of our employees. Keeps days spent on **sick-leave at a minimum**. Keeps **safe!** Increases **productivity**. Saves on **costs**.

Back and leg problems are the most common health problem and a mayor cause of sick-leaves. In the entire EU slipping and falling are the leading cause of accidents at work accross the entire EU and in every industry.

We warmly recommend the use of ergonomic floor mats to reduce the stress on employees caused by hard floors.

- The ergonomic mats reduce the strain of standing work.
- They reduce strain on joints.
- Support natural standing posture. Prevents leg, knee, hip and lower back pain.
- Improves circulation in the legs.
- Protects against cold (e.g. on concrete floors). Last but not least, helps prevent dishes from breaking when falling.

- ✓ **The use of ergonomic mats have proven to reduce significantly the quantity of sick-leave days**
- ✓ **Reduces the danger of slipping and falling**

- The pattern protects from falling
- The holes in the pattern let liquids pass through the mat but do not let the liquid drain onto the floor
- Certified by National Floor Safety Institute: the elevated edges guarantee safety



On surface (both sides) an elevated pattern that gives mats their ergonomic properties



✓ **While improving well-being and satisfaction at work, it also has a positive impact on productivity.**

A person standing on a concrete floor for 8 hours will see a 33% reduction in productivity. Using this mat on the floor increases productivity by up to 50%.

✓ **Activities that enhance well-being at work can also be economically beneficial.**

The total benefit of an ergonomic mat is 6 times the amount spent on it. The estimate is based on the increase in productivity and the reduction in sick leave.

Our rental service

- The solution is suitable for any industry.
- No investment required.
- Regular mat replacement and maintenance guaranteed.
- The quantity of necessary mats can be adjusted in accordance to the real needs
- Regular quality control will be ensured and your workplace will be free of dirt.

Ergonomic mat



PRODUCT	COLOR	MATERIAL	THICKNESS	SIZE AND WEIGHT
ERM10	Black	100% nitrile rubber, 15% recycled materials. Chemical- and fat proof.	11,8 mm	54 cm x 86 cm 2,46 kg 86
ERM11	Black		11,8 mm	cm x 142 cm / 5,64 kg 85
ERM53	Black		5,5 mm	cm x 300 cm / 10,71 kg



For a best solution for you, get in touch with us:

SOL Baltics OÜ
Telliskivi 61b
10412 Tallinn
E-mail: myyk@sol.ee
Tel: +372 6 771 551
www.sol.ee